



Your care. Your way.
**Access your Teladoc
benefits anytime.**

Primary360 – Available beginning January 1, 2023

Consult with a primary care provider of your choice for routine checkups, ongoing wellness needs and referrals.

Annual checkups • ongoing wellness visits • manage chronic conditions • complex medical needs • monitor blood pressure • general health concerns

General Medical

Talk to a board-certified doctor or pediatrician 24/7 for non-emergency conditions.

Prescription refills • sinus infections • allergies • stomach bug • COVID-19 advice • and more

Mental Health

Talk to a therapist or psychiatrist of your choice 7 days a week from anywhere.

Stress and anxiety • depression • trauma • grief • burnout • medication management

Dermatology

Upload images and details of your skin issue in the Teladoc app. A dermatologist will review them and provide a treatment plan within 24 hours. Follow up via in-app messaging for 7 days after your results.

Eczema • psoriasis • poison ivy • rashes • rosacea • and more


Nutrition

Talk to a registered dietitian to achieve your healthiest self.

Weight management • diabetes • digestive issues • custom meal plans • food allergies • and more

Set up your account or log in to get started today

Visit Teladoc.com/Primary360 to learn more.

Call 1-800-TELADOC (835-2362) | Download the app  | 